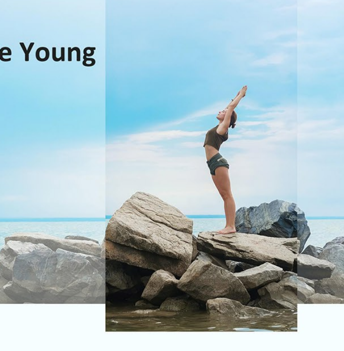
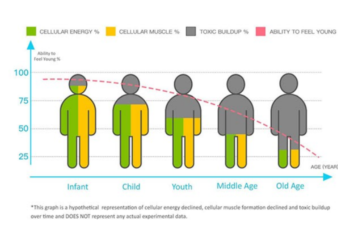
## How Do You Live Young

Human body is a marvellous. It naturally learns, evolves and repairs itself. It is designed to live young.

But over time, both environmental and internal factors accelerate aging process.



## Aging Body



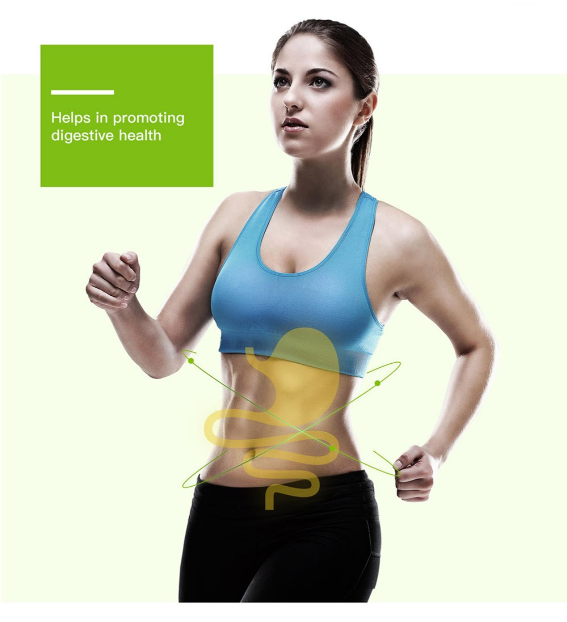

*This graph is a hypothetical representation of cellular energy declined, cellular muscle formation declined and toxic buildup over time and DOES NOT represent any actual experimental data.

### Aging is linked to

1. Increased cellular waste production
2. Declined cellular energy production
3. Declined cellular muscle formation

A healthy start may begin with isho. Get the necessary nutrition for overall well-being with isho.

isho



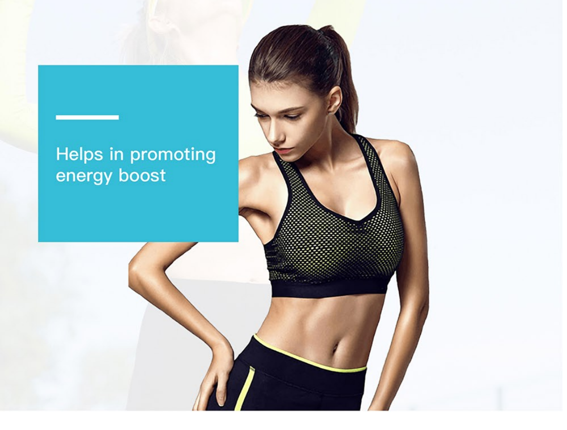
Helps in promoting digestive health

## isho Botanical Beverage Mix Pomegranate and Tropical Fruits

The beverage is designed to provide a convenient way to promote wellness lifestyle.

### Notable Ingredients

1.Sunfiber: helps in promoting intestinal and colon health
2.Tumeric: helps in neutralizing free radicals
3.Psyllium husk: helps in reducing waste accumulation



Helps in promoting energy boost

## isho Mix Whey Protein with Soy Protein

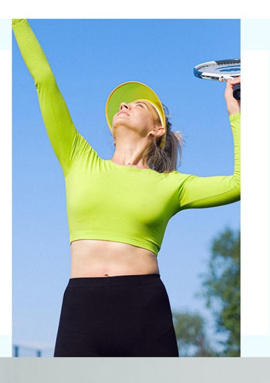
isho Mix Whey Protein with Soy Protein is a beverage that helps to provide you with carbohydrates, protein, fat and fiber to compliment your daily nutritional needs.

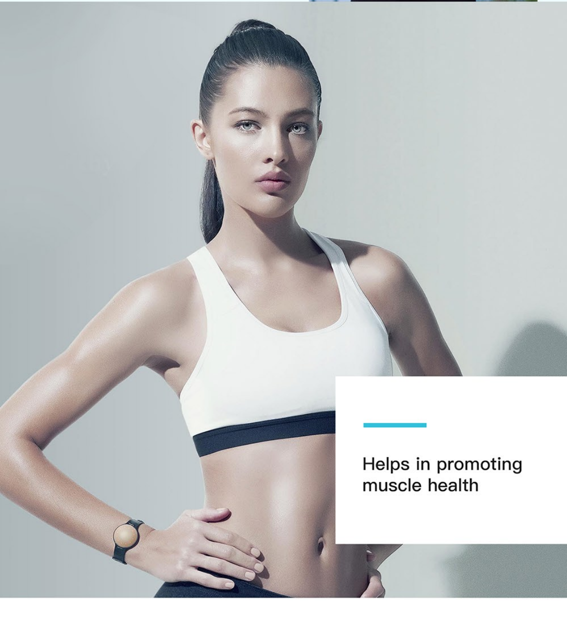
### isho Mix Whey Protein with Soy Protein

1. Low in calories (123kcal / serving)
2. 3.5g fiber / serving
3. 17.7g protein / serving
4. 27 types of vitamins & minerals / serving

### Notable Ingredients

1.Whey Protein Concentrate: helps in aiding weight loss
2.Isolated Soy Protein: helps in promoting muscle health growth
3.Medium Chain Triglycerides: helps in decreasing metabolic syndrome





Helps in promoting muscle health

### Benefits of Protein

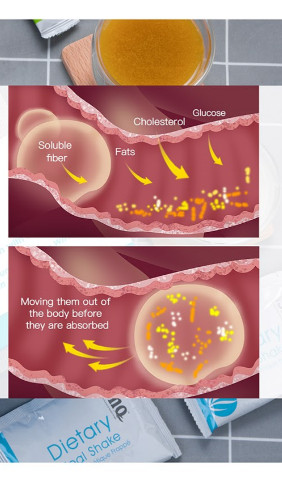
**01** Helps to build lean muscle and activate metabolic engine

**02** Helps to promote optimal cellular function to maintain overall wellbeing

**03** Helps to support healthy growth of body cells

### Mode of Action

Soluble fiber forms gel that traps dietary fats and cholesterol thus preventing absorption. It also slows down the digestion of glucose, thus preventing blood sugar spike.

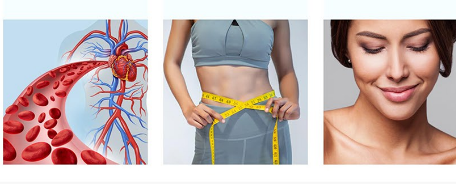



### Helps to Promote

① Cardiovascular Health

② Slimming

③ Healthy Skin



## International Certifications

Halal Certified

GMP Certified

DMS

DFJ

Gluten Free

DMS

DFJ

Low Glycemic Index Certified

DMS

DFJ

Heavy Metal & Microbial Free

## Product Information

### isho Mix Whey Protein with Soy Protein Drink

**Specification:**
15 sachets/box, 31.5g/sachet

**Flavor:** Vanilla

**Direction to Use:**
Mix with 250ml of room-temperature or cold water. Blend or shake vigorously.

### isho Botanical Beverage Mix Pomegranate and Tropical Fruits

**Specification:**
15 sachets/box, 14g/sachet

**Flavor:** Tropical Fruit juice

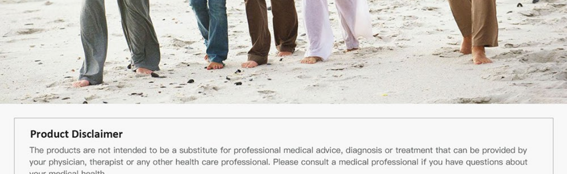
**Direction to Use:**
Mix with 250ml of cold water. Drink after mixed.

### Storage

Store in cool, dry place. Keep away from direct sunlight.

### Suitable for everyone

isho for your whole family!



**Product Disclaimer**

The products are not intended to be a substitute for professional medical advice, diagnosis or treatment that can be provided by your physician, therapist or any other health care professional. Please consult a medical professional if you have questions about your medical health.